

B	I	N	G	O
Thoughtful	Acceptance	Commitment	Respect	Giving & Receiving
Boundaries	Support	Honesty	Active Listening	Positive Self-esteem
Shared Decision making	Trust	FREE SPACE Healthy Relationship	Appreciation	Equality
Fight Fair	Share Feelings	Forgiveness	Encouragement	Good Communication
Effort	Balance	Patience	Understanding	Co-operation

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Trust	Active Listening	Respect	Boundaries	Honesty
Commitment	Understanding	Giving & Receiving	Balance	Positive Self-esteem
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Encouragement	Patience	Thoughtful	Co-operation	Share Feelings
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Shared Decision making	Co-operation	FREE SPACE Healthy Relationshi	Share Feelings	Encouragement
Trust	Positive Self-esteem	Respect	Understanding	Commitment
Equality	Acceptance	Honesty	Boundaries	Effort