

R	U	N	G	O
Swimming Baths (Gala First)	<small>B&Q/Grandstand/Farmhouse/Quarry/College</small>	<small>Ford/Racecourse/Farmhouse/Quarry/Glasshoughton</small>	Smawthorne Lane (Gala First)	Premier Way (Premier Way First)
<small>College/Quarry/Farmhouse/Grandstand/B&Q</small>	Swimming Baths (Clockwise)	Queens Park Hill (Heading Down)	<small>B&Q/Racecourse/Field/Kissing Gate/Racecourse/Ford</small>	Swimming Baths (ASDA First)
<small>B&Q/Racecourse/Grandstand/Ford</small>	Queens Park Hill (Going Up)	SWEATSHOP	Police HQ Loop	Swimming Baths (Anti Clockwise)
Premier Way (Anti-Clockwise)	Spittal Hardwick Lane (Clockwise)	Premier Way (Clockwise)	Smawthorne Lane (ASDA First)	<small>Ford/Racecourse/Quarry/College</small>
<small>Ford/Racecourse/Field/Kissing Gate/Racecourse/B&Q</small>	Premier Way (Swimming Baths First)	Churchfield Lane (Anti-Clockwise)	Churchfield Lane (Clockwise)	Spittal Hardwick Lane (Anti-Clockwise)

R	U	N	G	O
Half Queens Park (Going Up)	<small>B&Q/Racecourse/Grandstand/Ford</small>	Police HQ Loop	Swimming Baths (Clockwise)	<small>B&Q/Racecourse/Field/Kissing Gate/Racecourse/Ford</small>
Swimming Baths (Gala First)	Swimming Baths (Anti Clockwise)	Queens Park Hill (Going Up)	Smawthorne Lane (Gala First)	Premier Way (Swimming Baths First)
Premier Way (Anti-Clockwise)	Premier Way (Premier Way First)	SWEATSHOP	<small>College/Quarry/Farmhouse/Grandstand/B&Q</small>	<small>Ford/Racecourse/Farmhouse/Quarry/Glasshoughton</small>
Queens Park Hill (Heading Down)	Three Lane Ends (Anti-Clockwise)	Spittal Hardwick Lane (Anti-Clockwise)	Spittal Hardwick Lane (Clockwise)	Churchfield Lane (Anti-Clockwise)
Churchfield Lane (Clockwise)	Smawthorne Lane (ASDA First)	<small>B&Q/Grandstand/Farmhouse/Quarry/College</small>	Premier Way (Clockwise)	Three Lane Ends (Clockwise)

R	U	N	G	O
Three Lane Ends (Anti-Clockwise)	College/Quarry/Racecourse/Ford	B&Q/Racecourse/Grandstand/Ford	Spittal Hardwick Lane (Anti-Clockwise)	College/Quarry/Farmhouse/Grandstand/B&Q
Queens Park Hill (Going Up)	Ford/Grandstand/Racecourse/B&Q	Three Lane Ends (Clockwise)	B&Q/Racecourse/Field/Kissing Gate/Racecourse/Ford	Swimming Baths (Gala First)
Premier Way (Clockwise)	Churchfield Lane (Clockwise)	SWEATSHOP	Smawthorne Lane (Gala First)	Police HQ Loop
Ford/Racecourse/Farmhouse/Quarry/Glasshoughton	Half Queens Park (Going Up)	B&Q/Grandstand/Farmhouse/Quarry/College	Ford/Racecourse/Field/Kissing Gate/Racecourse/B&Q	Premier Way (Swimming Baths First)
Smawthorne Lane (ASDA First)	Swimming Baths (Clockwise)	Spittal Hardwick Lane (Clockwise)	Premier Way (Anti-Clockwise)	Swimming Baths (ASDA First)