

S	O	B	E	R
resentments	1-800-gambler	Keep coming back	medication	break the cycle
High risk situation	positive coping strategies	co-occurring disorder	Has a sponsor	gamblin g
money problems	self-help support group	FREE	Has fewer than 90 days clean/sober	addiction
affirmations	memory loss	better communication	One day at a time	budget
Meditation	Have a year sober/clean	family	treatmen t	Hotline1-800-273-2255

S	O	B	E	R
self-help support group	Has a sponsor	medication	High risk situation	co-occurring disorder
Keep coming back	treatment	break the cycle	Have a year sober/clean	gambling
affirmations	Has fewer than 90 days clean/sober	FREE	addiction	1-800-gambler
One day at a time	family	resentments	Hotline1-800-273-2255	memory loss
better communication	budget	money problems	positive coping strategies	Meditation

S	O	B	E	R
Have a year sober/clean	family	Has a sponsor	budget	Has fewer than 90 days clean/sober
resentments	affirmations	better communication	positive coping strategies	break the cycle
money problems	Hotline1-800-273-2255	FREE	memory loss	One day at a time
self-help support group	gamblin g	medication	treatmen t	Keep coming back
addiction	1-800-gambler	co-occurring disorder	High risk situation	Meditation