

Tick tock	A-W-E-S-O-M-E	Dive roll	SMC	Layout
Cartwheel	Straddle	Paris	Back handspring	Pyramid
Splits	Toe touch	FREE	Base	Full
High V	Scorpion	Jump	Front walkover	Low V
Forward roll	Broken T	Pike	Tumble	Cradle

Toe touch	Back handspring	SMC	Cartwheel	Paris
Dive roll	Tumble	Layout	Broken T	Pyramid
High V	Base	FREE	Full	A-W-E-S-O-M-E
Front walkover	Pike	Tick tock	Cradle	Scorpion
Jump	Low V	Splits	Straddle	Forward roll

Broken T	Pike	Back handspring	Low V	Base
Tick tock	High V	Jump	Straddle	Layout
Splits	Cradle	FREE	Scorpion	Front walkover
Toe touch	Pyramid	SMC	Tumble	Dive roll
Full	A-W-E-S-O-M-E	Paris	Cartwheel	Forward roll