

Depression bingo

Wanted to be normal	Anxiety	Felt hated	Suicidal thoughts	Parent's worried
Felt alone	Under eating	Self harm	Been on meds	Spoken about it
Suicide attempt	Wanted to end it but care about to many people	Free *You will be okay*	Been told it will be okay	No social life
Not sleeping enough	Suicidal thoughts	Over eating	Made it though depression	Psychiatrist
Know your going to be okay	Dropped outta school	Sleeping to much	Wanting to give up	Felt exhausted

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Made it though depression	Sleeping to much	Wanted to be normal	Felt exhausted	Suicidal thoughts
Over eating	Psychiatrist	Suicide attempt	Under eating	Know your going to be okay

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Suicide attempt	Felt exhausted	Free *You will be okay*	Suicidal thoughts	Made it though depression
Wanted to end it but care about to many people	Spoken about it	Suicidal thoughts	Wanting to give up	Felt hated
No social life	Anxiety	Self harm	Felt alone	Know your going to be okay