

B	I	N	G	O
tendon	articular cartilage	fibula	short bone	over 250 bones
calcium	smooth	patella	axial and appendicular	quadriceps
skull	tibia	FREE	ball and socket joint	humerus
ligament	skeletal	long bone	hamstrings	over 600 muscles
gastrocnemius	biceps	phalanges	triceps	cardiac

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tibia	axial and appendicular	short bone	calcium	patella
fibula	triceps	over 250 bones	biceps	quadriceps
ligament	ball and socket joint	FREE	humerus	articular cartilage
hamstrings	phalanges	tendon	cardiac	skeletal
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biceps	phalanges	axial and appendicular	over 600 muscles	ball and socket joint
tendon	ligament	long bone	smooth	over 250 bones
skull	cardiac	FREE	skeletal	hamstrings
tibia	quadriceps	short bone	triceps	fibula
humerus	articular cartilage	patella	calcium	gastrocnemius