

B	I	N	G	O
under eating	Anger issues	anxiety	overeating	moodiness
No friends	teeth grinding	negative thoughts	Body aches	skin breakouts
weight gain	Depression	isolating self	loss of objectivity	rapid heartbeat
memory problems	over sleeping	depression	nausea	Homicidal tendencies
poor judgement	Numb feelings	weight loss	Paranoia	insomnia

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rapid heartbeat	nausea	Numb feelings	Paranoia	depression
Homicidal tendencies	insomnia	No friends	isolating self	under eating
memory problems	poor judgement	negative thoughts	Depression	teeth grinding
weight gain	over sleeping	weight loss	Body aches	Anger issues
loss of objectivity	skin breakouts	overeating	anxiety	moodiness