

B	I	N	G	O
Vegetables and Proteins(9)	B 03	G 49	O 69	I 29
False(7)	Root(14)	N 35	B 10	O 67
O 75	Women of childbearing age(1)	FREE	B 8	I 23
I 25	O 70	I 26	I 20	N 34
I 19	Bananas apricots and orange juice(4)	N 37	calcium(6)	G 46

B	I	N	G	O
Women of childbearing age(1)	B 10	O 69	False(7)	N 35
G 49	calcium(6)	I 29	Bananas apricots and orange juice(4)	O 67
I 25	B 8	FREE	I 23	B 03
I 20	N 37	Vegetables and Proteins(9)	G 46	O 70
I 26	N 34	O 75	Root(14)	I 19

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Bananas apricots and orange juice(4)	N 37	B 10	N 34	B 8
Vegetables and Proteins(9)	I 25	I 26	Root(14)	I 29
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Women of childbearing age(1)	O 67	O 69	calcium(6)	G 49
I 23	B 03	N 35	False(7)	I 19