

B	I	N	G	O
set reminders	Create a daily plan	Schedule breaks between tasks	learn to say no	change studying environment if you're feeling unmotivated
Plan ahead	put a time limit on tasks	do a little bit each day	Don't multitask	get rid of distractions
make time to prepare before hand	wear a watch	FREE SPACE!	Don't stress about the small details	Use your calendar
Work smarter not harder	make a to-do list	be realistic about what you can accomplish each day	Sleep well	create a weekly plan
Schedule relaxation time	Don't wait for inspiration-now is the time	figure out when you're most efficient	write down expectations for each class and what you need to do to meet them	Prioritize wisely

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