

B	I	N	G	O
set reminders	Create a daily plan	Plan ahead	figure out when you're most efficient	Work smarter not harder
Get organised	put a time limit on tasks	create a weekly plan	Don't multitask	make a to-do list
Don't stress about the small details	change studying environment if you're feeling unmotivated	FREE SPACE!	Schedule rewards	make time to prepare before hand
Sleep well	learn to say no	Use your calendar	do a little bit each day	Schedule breaks between tasks
Prioritize wisely	be realistic about what you can accomplish each day	Don't wait for inspiration-now is the time	Eliminate distractions	get rid of distractions

B	I	N	G	O
Schedule relaxation time	Don't stress about the small details	Schedule rewards	put a time limit on tasks	Don't multitask
set reminders	make time to prepare before hand	change studying environment if you're feeling unmotivated	figure out when you're most efficient	be realistic about what you can accomplish each day
Sleep well	Work smarter not harder	FREE SPACE!	Get organised	Plan ahead
create a weekly plan	wear a watch	get rid of distractions	learn to say no	Don't wait for inspiration-now is the time
Eliminate distractions	do a little bit each day	Create a daily plan	Use your calendar	write down expectations for each class and what you need to do to meet them

B	I	N	G	O
wear a watch	Keep a time log for a few days	Don't stress about the small details	get rid of distractions	Get organised
change studying environment if you're feeling unmotivated	Mute your group chats on your phone	write down expectations for each class and what you need to do to meet them	Don't multitask	set reminders
Use your calendar	Eliminate distractions	FREE SPACE!	figure out when you're most efficient	Schedule rewards
Plan ahead	Schedule relaxation time	Create a daily plan	Prioritize wisely	be realistic about what you can accomplish each day
do a little bit each day	put a time limit on tasks	learn to say no	Sleep well	make a to-do list