

B	I	N	G	O
Social Pressures	Boredom	Family Expectations	Relationships with Boyfriends/Girlfriends	Loneliness
Deadlines	Small Daily Hassels	No time alone	Clutter	Pregnancy
Self Image	Traumatic Events	FREE	Commuting	Health Concerns
Hunger	Relationships with Friends	Lack of Sleep	Grades	Moving
Finances	Crammed Schedule	Planning for future	Work/ School Demands	Discrimination

B	I	N	G	O
Traumatic Events	Clutter	Relationships with Boyfriends/Girlfriends	Deadlines	No time alone
Family Expectations	Work/ School Demands	Loneliness	Crammed Schedule	Pregnancy
Hunger	Commuting	FREE	Health Concerns	Boredom
Grades	Planning for future	Social Pressures	Discrimination	Relationships with Friends
Lack of Sleep	Moving	Self Image	Small Daily Hassels	Finances

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Crammed Schedule	Planning for future	Clutter	Moving	Commuting
Social Pressures	Hunger	Lack of Sleep	Small Daily Hassels	Loneliness
Self Image	Discrimination	FREE	Relationships with Friends	Grades
Traumatic Events	Pregnancy	Relationships with Boyfriends/Girlfriends	Work/ School Demands	Family Expectations
Health Concerns	Boredom	No time alone	Deadlines	Finances