

B	I	N	G	O
Ro BHS BHS with feet together	1 dance through	10 burpees	5 stuck full turns on beam	5 kips with straight arms
1-back 1/2 of bar routine	5 toe turns on floor w/o dropping heel	5 strugs on floor	1 full tumble floor routine	5 stuck beam mounts
5 stuck series on beam	middle pass on floor	FREE	1 stuck beam routine	3 handstand pirouettes
3 stuck beam dismounts	5 stuck jump/leap series on beam	5 jumps series on floor	2-wolf 3/4 on beam	5 long hangs
10 v-ups	1 vault - landed	5 stuck bars dismounts	stuck last pass on floor	1-first 1/2 of bar routine

B	I	N	G	O
middle pass on floor	1 full tumble floor routine	5 stuck full turns on beam	1-back 1/2 of bar routine	5 strugs on floor
10 burpees	stuck last pass on floor	5 kips with straight arms	1 vault - landed	5 stuck beam mounts
3 stuck beam dismounts	1 stuck beam routine	FREE	3 handstand pirouettes	1 dance through
2-wolf 3/4 on beam	5 stuck bars dismounts	Ro BHS BHS with feet together	1-first 1/2 of bar routine	5 stuck jump/leap series on beam
5 jumps series on floor	5 long hangs	5 stuck series on beam	5 toe turns on floor w/o dropping heel	10 v-ups

B	I	N	G	O
1 vault - landed	5 stuck bars dismounts	1 full tumble floor routine	5 long hangs	1 stuck beam routine
Ro BHS BHS with feet together	3 stuck beam dismounts	5 jumps series on floor	5 toe turns on floor w/o dropping heel	5 kips with straight arms
5 stuck series on beam	1-first 1/2 of bar routine	FREE	5 stuck jump/leap series on beam	2-wolf 3/4 on beam
middle pass on floor	5 stuck beam mounts	5 stuck full turns on beam	stuck last pass on floor	10 burpees
3 handstand pirouettes	1 dance through	5 strugs on floor	1-back 1/2 of bar routine	10 v-ups