

Try to think of a solution together	Are you being fair?	Don't make things worse!	Stick to the agreement	No telling of secrets
Don't focus on the Person	Try seeing the good in people	Say how you feel	Be honest	Treat people fairly
Understand the situation	Count to ten	Remember who can help you in school	Listen to the other person	Don't change the subject
Meet face to face	Take time to calm down	No screaming or kicking or fighting	See the other persons point of view	Talking can lead to a solution
Focus on the Problem	Don't use insults	Perhaps share progress with someone else	Don't blame anyone	Work out what each of you will do

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