

Empathy Bingo

Share a ride	Affirm your leader	Donate to a local women's org.	Listen w heart-feeling	Listen free of judgement
Call a friend to go on a "quality time" walk	Say "I CARE" with an action.	Listen w ears-words/tone	Appreciate a HUC	Respect privacy/confidentiality
Tell another what you value about them	Be courageous: stop bullying	FREE	Encouragement note on a locker	Give a hug
Read about culture/lifestyle	Help a housekeeper	Listen w eyes-body language	Donate vacation	Listen instinctively- what's "not said"
Be curious about a newer coworker	Pray for someone	Challenge your own biases	Write an ovation to an NA	Donate to a global women's org

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Listen w heart-feeling	Give a hug	Donate to a local women's org.	Listen instinctively- what's "not said"	Be courageous: stop bullying
Encouragement note on a locker	Affirm your leader	FREE	Donate vacation	Listen w eyes-body language
Donate to a global women's org	Share a ride	Challenge your own biases	Read about culture/lifestyle	Be curious about a newer coworker
Listen free of judgement	Encourage someone to get counseling support	Respect privacy/confidentiality	Listen w ears-words/tone	Say "I CARE" with an action.

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Read about culture/lifestyle	Donate vacation	Tell another what you value about them	Donate to a global women's org	Listen w heart-feeling
Pray for someone	Respect privacy/confidentiality	Write an ovation to an NA	Help a housekeeper	Be courageous: stop bullying
Listen w eyes-body language	Appreciate a HUC	FREE	Encouragement note on a locker	Donate to a local women's org.
Encourage someone to get counseling support	Listen free of judgement	Be curious about a newer coworker	Affirm your leader	Share a ride
Say "I CARE" with an action.	Listen w ears-words/tone	Give a hug	Listen instinctively-what's "not said"	Challenge your own biases