

RAMdom Acts of Kindness BINGO

Walk a younger student to the bus.	Ask a friend or family member about their day.	Help the cafeteria workers to clean up the room after lunch.	Speak kindly all day long. No complaining allowed.	Make sure that all of the outdoor toys make it back into the school after recess.
Give your teacher a compliment.	Tell someone you are happy to see them.	Push in someone's chair.	Bring an extra snack for lunch so that you can share with a classmate.	Sit next to or talk to someone who looks upset.
Tell a classmate that they did a great job when they answer a question correctly in class.	Write a nice note or draw a picture for another student.	Create Your Own RAK	Give a friend a pencil.	If someone drops things in the hallway (even a teacher) help pick up.
Let a classmate go in front of you in line.	Start a group game at recess and invite kids to play that don't have anyone else to play with.	Make a "thank you" card for a favorite teacher.	Hold the water fountain for someone else.	Play or sit with someone from another class at lunchtime.
Help the other kids clean up and put away supplies after an art project.	Give someone a genuine complement.	Share a smile with 5 different people at school.	Write down three things that make you proud of yourself.	Help another student who is struggling.

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