

B	I	N	G	O
stress	acceptance	frustration	sad	pain
denial	stress	prayers	anger	sorrow
suffering	bargaining	heart ache	hurt	shock
loneliness	remember	happy memories	pain	confusion
scared	depression	support	difficult	healing

B	I	N	G	O
suffering	bargaining	sorrow	anger	confusion
difficult	shock	heart ache	pain	remembe r
denial	frustration	prayers	pain	stress
loneliness	depression	stress	happy memories	sad
scared	support	healing	acceptance	hurt

B	I	N	G	O
shock	pain	depression	difficult	happy memories
confusion	healing	denial	heart ache	stress
loneliness	scared	prayers	bargaining	stress
suffering	remember r	support	anger	acceptance
hurt	sorrow	sad	frustration	pain