

B	I	N	G	O
self-love	avoidance	dignity	personality	hot-tempered
conformity	self respect	loss	being at peace with yourself	rebellion
benevolent	individualism	FREE	feeling overwhelmed	relaxations
flashbacks	preparing for change	future	neglect	emotional
ego	identity	caring	character	powerful

B	I	N	G	O
emotions	benevolent	feeling overwhelmed	self respect	being at peace with yourself
self-love	relaxations	individualism	personality	identity
flashbacks	hot-tempered	FREE	conformity	dignity
loss	stress	powerful	preparing for change	caring
character	neglect	avoidance	future	understanding

B	I	N	G	O
stress	copng skills	benevolent	powerful	conformity
individualism	delight	understanding	being at peace with yourself	self-love
future	character	FREE	personality	feeling overwhelmed
dignity	emotions	avoidance	ego	identity
neglect	self respect	preparing for change	flashbacks	rebellion