B	I	N	G	O
Self-control example	Anything	Change about yourself	Makes you Angry	Feeling you have the most
Change about your behavior	Makes you Sad	Goal at home	Be Respectful	Impulsive behavior Example
Makes you Happy	Stay on task	**FREE**	Be Responsible	Favorite Activity
Favorite subject in school	Makes you Frustrated	Favorite thing to do Family	Coping skill when angry	Follow rules
Coping skill frustrated	Change about school	Goal at school	What makes you Scared	Change about your family

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B	I	N	G	O
Stay on task	Be Respectful	Makes you Angry	Change about your behavior	Goal at home
Change about yourself	What makes you Scared	Feeling you have the most	Change about school	Impulsive behavior Example
Favorite subject in school	Be Responsible	**FREE**	Favorite Activity	Anything
Coping skill when angry	Goal at school	Self-control example	Change about your family	Makes you Frustrated
Favorite thing to do Family	Follow rules	Makes you Happy	Makes you Sad	Coping skill frustrated

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B	I	N	G	O
Change about school	Goal at school	Be Respectful	Follow rules	Be Responsible
Self-control example	Favorite subject in school	Favorite thing to do Family	Makes you Sad	Feeling you have the most
Makes you Happy	Change about your family	**FREE**	Makes you Frustrated	Coping skill when angry
Stay on task	Impulsive behavior Example	Makes you Angry	What makes you Scared	Change about yourself
Favorite Activity	Anything	Goal at home	Change about your behavior	Coping skill frustrated

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