

B	I	N	G	O
Understand the situation	Agree to Disagree to reach an understanding	Do not become physically or verbally aggressive	Take time to calm down	No insults
Be honest	Try to think of a solution together	Positive body language	Apologize	See the other persons point of view
Treat people fairly	Use humor to cool hostility	FREE	Ask questions rather than make accusations	Increase self-esteem and self-control
LET IT GO	Talking can lead to a solution	Listen to the other person	Don't gang up with others	Perhaps share progress with someone else
Don't blame anyone	Be accountable for your actions	Say how you feel in a respectful manner	Work out what each of you will do	DO NOT INTERRUPT! It's RUDE:)

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Use humor to cool hostility	Apologize	Take time to calm down	Be honest	Positive body language
Do not become physically or verbally aggressive	Work out what each of you will do	No insults	Be accountable for your actions	See the other persons point of view
LET IT GO	Ask questions rather than make accusations	FREE	Increase self-esteem and self-control	Agree to Disagree to reach an understanding
Don't gang up with others	Say how you feel in a respectful manner	Understand the situation	DO NOT INTERRUPT! It's RUDE:)	Talking can lead to a solution
Listen to the other person	Perhaps share progress with someone else	Treat people fairly	Try to think of a solution together	Don't blame anyone

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Treat people fairly	DO NOT INTERRUPT! It's RUDE:)	FREE	Talking can lead to a solution	Don't gang up with others
Use humor to cool hostility	See the other persons point of view	Take time to calm down	Work out what each of you will do	Do not become physically or verbally aggressive
Increase self-esteem and self-control	Agree to Disagree to reach an understanding	Positive body language	Be honest	Don't blame anyone