

|               |                      |                                    |                |                                                            |
|---------------|----------------------|------------------------------------|----------------|------------------------------------------------------------|
| <b>S</b>      | <b>O</b>             | <b>B</b>                           | <b>E</b>       | <b>R</b>                                                   |
| Trigger       | Addiction            | Has fewer than 90 days clean/sober | Relapse        | Meditation                                                 |
| Family        | Treatment            | Pain pills                         | Affirmations   | Self-help support group                                    |
| alcoholism    | Better communication | <b>FREE</b>                        | Money problems | High risk situation                                        |
| Co-dependency | Inhalants            | Relationships                      | Marijuana      | Positive coping strategies                                 |
| Resentments   | Heroin               | Has finished Step one              | Meth           | Celebrated a recovery milestone/Anniv within the past week |

|                                    |                     |                      |                         |                                                            |
|------------------------------------|---------------------|----------------------|-------------------------|------------------------------------------------------------|
| <b>S</b>                           | <b>O</b>            | <b>B</b>             | <b>E</b>                | <b>R</b>                                                   |
| Money problems                     | Meditation          | Better communication | Self-help support group | Celebrated a recovery milestone/Anniv within the past week |
| Relationships                      | High risk situation | Inhalants            | Treatment               | Affirmations                                               |
| alcoholism                         | Relapse             | <b>FREE</b>          | Meth                    | Family                                                     |
| Has fewer than 90 days clean/sober | Pain pills          | Resentments          | Co-dependency           | Positive coping strategies                                 |
| Addiction                          | Trigger             | depression           | Has a sponsor           | Has finished Step one                                      |

|                                                            |             |                                    |                     |                      |
|------------------------------------------------------------|-------------|------------------------------------|---------------------|----------------------|
| <b>S</b>                                                   | <b>O</b>    | <b>B</b>                           | <b>E</b>            | <b>R</b>             |
| Money problems                                             | Family      | Positive coping strategies         | Has a sponsor       | Affirmations         |
| Addiction                                                  | depression  | Has fewer than 90 days clean/sober | alcoholism          | Co-dependency        |
| Treatment                                                  | Resentments | <b>FREE</b>                        | Marijuana           | Relapse              |
| Celebrated a recovery milestone/Anniv within the past week | Meth        | Inhalants                          | High risk situation | Better communication |
| Self-help support group                                    | Meditation  | Has finished Step one              | Pain pills          | Trigger              |