

B	I	N	G	O
under eating	constipation	headache	over sleeping	loss of objectivity
fear	skin breakouts	moodiness	depression	negative thoughts
poor judgement	weight gain	FREE	diarrhea	irritability
isolating self	overeating	loss of interest	insomnia	memory problems
indecisiveness	fatigue	nausea	weight loss	frequent colds

B	I	N	G	O
weight gain	depression	over sleeping	fear	moodiness
headache	weight loss	loss of objectivity	fatigue	negative thoughts
isolating self	diarrhea	FREE	irritability	constipation
insomnia	nausea	under eating	frequent colds	overeating
loss of interest	memory problems	poor judgement	skin breakouts	indecisiveness

B	I	N	G	O
fatigue	nausea	depression	memory problems	diarrhea
under eating	isolating self	loss of interest	skin breakouts	loss of objectivity
poor judgement	frequent colds	FREE	overeating	insomnia
weight gain	negative thoughts	over sleeping	weight loss	headache
irritability	constipation	moodiness	fear	indecisiveness