B	I	N	G	O
stayed for entire meeting	ate 3 fruits	drank 4 glasses of water	lost 2 pounds	got 8 hours of sleep
cooked real food at home	stayed for a meeting	lost .2 pounds	ate 5 veggies	lost 1 pound
lost.4	turned in a food diary	**FREE**	complimented yourself	exercise 3 days
food diary 4 days	lost weight	gave somebody a hug	exercise	lost .2
drank 8 glasses of water	contacted a friend	lost .4 pounds	walked around during a commercial	did a food diary

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B	I	N	G	O
turned in a food diary	ate 5 veggies	lost 2 pounds	cooked real food at home	lost .2 pounds
drank 4 glasses of water	walked around during a commercial	got 8 hours of sleep	contacted a friend	lost 1 pound
food diary 4 days	complimented yourself	**FREE**	exercise 3 days	ate 3 fruits
exercise	lost .4 pounds	stayed for entire meeting	did a food diary	lost weight
gave somebody a hug	lost .2	lost.4	stayed for a meeting	drank 8 glasses of water

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B	I	N	G	O
contacted a friend	lost .4 pounds	ate 5 veggies	lost .2	complimented yourself
stayed for entire meeting	food diary 4 days	gave somebody a hug	stayed for a meeting	got 8 hours of sleep
lost.4	did a food diary	**FREE**	lost weight	exercise
turned in a food diary	lost 1 pound	lost 2 pounds	walked around during a commercial	drank 4 glasses of water
exercise 3 days	ate 3 fruits	lost .2 pounds	cooked real food at home	drank 8 glasses of water

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