

B	I	N	G	O
sleepy baby	10 Steps	Engorgement	Welcome to breastfeeding class	Pees
Colostrum	skin to skin	Pumping	Baby-Friendly	Risk
positions	sore nipples	FREE	Back to Work	Hand Expression
Healthy	laid back latch	Lanolin	Gel Pads	Poops
Feeding cues	Benefits	Resources	tiny spoons	Diet

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sore nipples	Baby-Friendly	Welcome to breastfeeding class	Colostrum	Pumping
Engorgement	tiny spoons	Pees	Benefits	Risk
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Gel Pads	Resources	sleepy baby	Diet	laid back latch
Lanolin	Poops	positions	skin to skin	Feeding cues

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Benefits	Resources	Baby-Friendly	Poops	Back to Work
sleepy baby	Healthy	Lanolin	skin to skin	Pees
positions	Diet	FREE	laid back latch	Gel Pads
sore nipples	Risk	Welcome to breastfeeding class	tiny spoons	Engorgement
Hand Expression	10 Steps	Pumping	Colostrum	Feeding cues