

B	I	N	G	O
sleepy baby	10 steps	Engorgement	Welcome to Breastfeeding Class	Latch
Benefits	skin to skin	Poops	Baby-Friendly	Resources
positions	sore nipples	FREE	Back to Work	Hand Expression
Healthy	medical indication	Lanolin	Gel Pads	Pees
Feeding cues	Back to Work	Pumping	tiny spoons	Colostrum

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sore nipples	Baby-Friendly	Welcome to Breastfeeding Class	Benefits	Poops
Engorgement	tiny spoons	Latch	Back to Work	Resources
Healthy	Back to Work	FREE	Hand Expression	10 steps
Gel Pads	Pumping	sleepy baby	Colostrum	medical indication
Lanolin	Pees	positions	skin to skin	Feeding cues

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Back to Work	Pumping	Baby-Friendly	Pees	Back to Work
sleepy baby	Healthy	Lanolin	skin to skin	Latch
positions	Colostrum	FREE	medical indication	Gel Pads
sore nipples	Resources	Welcome to Breastfeeding Class	tiny spoons	Engorgement
Hand Expression	10 steps	Poops	Benefits	Feeding cues