B	I	N	G	O
Swing	Ball Pit	Fidget Toy	Sit on a Ball	Push Hands Together
Deep breathing	Stretch	Quiet Place	Blowing Bubbles	Self Hug
Stress Ball	Tense & Relax Body	**FREE**	Chew Gum	Get A Drink of Water
Jump & Crash	Steamroller Ball	Listen to music	Finger Pulls	Putty
Finger Pulls	Count to 10	Resistance Bands on Chair Legs	Weighted Blanket	Drawing

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B	I	N	G	O
Tense & Relax Body	Blowing Bubbles	Sit on a Ball	Deep breathing	Quiet Place
Fidget Toy	Weighted Blanket	Push Hands Together	Count to 10	Self Hug
Jump & Crash	Chew Gum	**FREE**	Get A Drink of Water	Ball Pit
Finger Pulls	Resistance Bands on Chair Legs	Swing	Drawing	Steamroller Ball
Listen to music	Putty	Stress Ball	Stretch	Finger Pulls

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B	I	N	G	O
Count to 10	Resistance Bands on Chair Legs	Blowing Bubbles	Putty	Chew Gum
Swing	Jump & Crash	Listen to music	Stretch	Push Hands Together
Stress Ball	Drawing	**FREE**	Steamroller Ball	Finger Pulls
Tense & Relax Body	Self Hug	Sit on a Ball	Weighted Blanket	Fidget Toy
Get A Drink of Water	Ball Pit	Quiet Place	Deep breathing	Finger Pulls

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