

B	I	N	G	O
Share a healthy meal picture	10 Sumo squates	Drink Shakeology	Post a Sweaty Selfie	Motivate someone in group
60 second plank	Post picture of tracker	Post Shakeo picture	10 burpees	Post a non-scale victory
Share a motivational quote	15 push-ups	Lost 2lbs	Lost 5lbs	Post a new recipe
Make Shakeology recipe	Post a Shakeo pic	Drink half of weight in ounces of water	Post Shakeo picture	20 "X" jumps
Post a Sweaty Selfie	Complete a group challenge	Share meal prep picture	Double workout	Get someone started on their journey

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