

Things to look for in a relationship

Skills fights fair	Appreciation	Acceptance	Green flag negotiates	Red flag isolation
Obstacles TOO serious	Giving & Receiving	Skills active listening	Red flag abuses substances	Boundaries
Red flag intimidates	Shared Decision making	FREE	Skills uses I statement	Commitment
Red flag 2 much computer use	Look 4 express anger approp	Similar values	Forgiveness	Look 4 financial stability
Red flag self centered	Look 4 positive outlook	Red flag destructive	Respect	Look 4 balanced give/rec

Things to look for in a relationship

Similar values	Look 4 express anger approp	Green flag xpresses feeling	Obstacles not xpres feelings	Look 4 financial stability
Green flag thoughtful	Effort	Equality	Positive Self-esteem	Obstacles being critical
Look 4 takes care of self	Co-operation	FREE	Red flag jealous	Look 4 encourage indivdulty
Commitment	Look 4 express feelings	Skills active listening	Boundaries	Skills uses I statement
Skills able to apologise	Balanced giving & receiving	Red flag isolation	Obstacles defensiveness	Patience

Things to look for in a relationship

Similar values	Look 4 good family relations	Obstacles being critical	Giving & Receiving	Green flag sincere
Red flag breaks promises	Support	Red flag misuses power	Red flag intimidates	Red flag abuses substances
Red flag self centered	Effort	FREE	Financial stability	Red flag guilt tripping
Obstacles not xpres feelings	Appreciation	Look 4 encourage indivdulty	Acceptance	Look 4 takes care of self
Patience	Skills fights fair	Encouragement	Understanding	Thoughtful