

B	I	N	G	O
Skills good communication	Green flag acceptance	Green flag able to commit	Look 4 express anger approp	Red flag needy
Obstacles not xpres feelings	Green flag thoughtful	Skills compromise	Red flag guilt tripping	Green flag appreciation
Green flag accepting	Red flag misuses power	FREE	Skills approp. disclosure	Skills patience
Green flag encouragement	Red flag breaks promises	Look for effort	Look for honesty	Shared Decision making
Obstacles TOO serious	Red flag jealous	Skills active listening	Obstacles being critical	Skills active listening

B	I	N	G	O
Red flag misuses power	Look 4 maintain friendships	Skills approp. disclosure	Look for effort	Look 4 good family relatins
Red flag abuses substances	Look for honesty	Look 4 financial stability	Green flag good self-esteem	Green flag negotiates
Red flag breaks promises	Obstacles not xpres feelngs	FREE	Obstacles defensiveness	Green flag attentive
Red flag self centered	Look for equality	Skills compromise	Green flag appreciation	Skills patience
Skills boundaries	Green flag accepting	Red flag needy	Red flag 2 much computr use	Green flag encouragement

B	I	N	G	O
Look for equality	Red flag blaming	Skills boundaries	Look for similar values	Obstacles not xpres feelings
Green flag xpresses feeling	Look 4 express anger approp	Red flag intimidates	Skills uses I statement	Red flag verbally abusive
Red flag misuses power	Red flag guilt tripping	FREE	Skills able to apologise	Green flag good self-esteem
Green flag respect	Red flag isolation	Red flag jealous	Red flag abuses substances	Green flag accepting
Look for co-operation	Green flag able to commit	Obstacles defensiveness	Green flag thoughtful	Skills forgiving