

B	I	N	G	O
Understanding	Acceptance	Fear	Self	Patience
Defining Boundaries	Trust	Respect	Communication	Support
Understanding	Cooperation	FREE	Friends	Long-term
Short Term	Partners-relationships	Sadness	Feelings	Protective Boundaries
Decisions	Shame	Encouragement	anger	Family

B	I	N	G	O
Understanding	anger	Communication	Partners-relationships	Defining Boundaries
Self	Long-term	Fear	Protective Boundaries	Cooperation
Friends	Acceptance	FREE	Feelings	Sadness
Family	Understanding	Encouragement	Short Term	Decisions
Patience	Forgiveness	Support	Respect	Trust

B	I	N	G	O
Short Term	Feelings	Understanding	Family	Self
Shame	Support	anger	Partners-relationships	Cooperation
Sadness	Communication	FREE	Friends	Fear
Forgiveness	Patience	Decisions	Acceptance	Understanding
Trust	Respect	Long-term	Protective Boundaries	Encouragement