

DOMESTIC VIOLENCE BINGO

sexual abuse	apapectic	hyperboluc	relaxations	physical abuse
disingenuous language	self respect	preparing for change	avoidance	sanctuary
stress/trauma effects sense of SELF	code wordefamation of charatert	***** ***	lying	neglact
safety	neglect	psychological safety	identity	physical safety
deflection	responses to stress-flight- fight-freeze	gaslightlin g	unfriendly	hyperarousal

DOMESTIC VIOLENCE BINGO

stress/trauma effects sense of SELF	unfriendly	avoidance	neglect	disingenuous language
relaxations	neglect	hyperboluc	physical safety	code wordefamation of charatert
lying	apapectic	***** ***	identity	psychological safety
hyperarousal	sexual abuse	gaslightlin g	safety	deflection
physical abuse	loss	sanctuary	preparing for change	self respect

DOMESTIC VIOLENCE BINGO

safety	identity	stress/trauma effects sense of SELF	hyperarousal	relaxations
responses to stress- flight- fight- freeze	sanctuary	unfriendly	neglect	code worddefamation of charatert
psychological safety	avoidance	***** ***	lying	hyperboluc
loss	physical abuse	deflection	apapectic	sexual abuse
self respect	preparing for change	neglact	physical safety	gaslightlin g