

S	O	B	E	R
Steroids	Addiction	Has fewer than 90 days clean/sober	Positive coping strategies	Mental Health Court
Family	Self-help support group	Money problems	Affirmations	Pain pills
Resentments	Treatment	FREE	Better communication	Marijuana
Co-occurring disorder	Meditation	Relapse	Memory loss	Relationships
High risk situation	Meth	Has finished Step Nine	Celebrated a recovery milestone/Anniv within the past week	NNAMHS

S	O	B	E	R
Treatment	Relapse	Pain pills	NNAMHS	Relationships
Better communication	Co-occurring disorder	Mental Health Court	Family	Meth
Affirmations	Inhalants	FREE	Addiction	Memory loss
Steroids	Celebrated a recovery milestone/Anniv within the past week	Trigger	Positive coping strategies	Money problems
Has fewer than 90 days clean/sober	Marijuana	Meditation	High risk situation	Self-help support group

S	O	B	E	R
Family	Relationships	Meditation	Positive coping strategies	Addiction
Treatment	Pain pills	Has fewer than 90 days clean/sober	Co-occurring disorder	Meth
Marijuana	Inhalants	FREE	Better communication	Affirmations
Celebrated a recovery milestone/Anniv within the past week	Resentments	Mental Health Court	Has finished Step Nine	NNAMHS
Self-help support group	Steroids	Memory loss	High risk situation	Has a sponsor