

B	I	N	G	O
Teach someone your favourite stretch or warm up exercise	Attend a dance class	Make a card for someone in your class for the first day of dance	Share 3 things that you are grateful for with someone	Practice putting your hair in a bun for ballet class
Give yourself a hug. You're awesome!	Teach a friend the ballet positions	Put on a mini-performance for your family or friends	Design your dream dance costume!	Set a dance goal you can accomplish by fall
Teach a friend or family member a hip hop step	Teach your mom or dad a jazz dance move	FREE	Donate an old dance costume or old dance shoes	Practice a cartwheel 3 times with straight legs and pointed toes
Practice an acro bridge after a proper warmup 3 times tucking your chin to look at your belly button	Teach a friend a tap step	Practice ballet runs across the floor	Practice a bridge variation (ex. one leg up or one arm up)	Practice tendu's on a tuesday!
Practice 16 ballet sautes in a row!	Explain to a family member why you love to dance	Read a book about dance or a dancer	Wear your studio t-shirt	Hold a teddy bear stand for 30 seconds

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