

B	I	N	G	O
Take medications at the correct time	Allergies	Dizziness	Shortness of Breath	Know names of medications
Carry A Medication List	Support groups	Medication	Ask Your Pharmacist	Schedule/Alarms
Store in Original Containers	Use Pillboxes	FREE	Ask questions	Dosage
Eating before taking medications	Side Effects	Family support	Doctors Appointment	Make A List
Do Not Share	Be honest with your doctor	Name	What are the medications used for	Check Expiration Dates

B	I	N	G	O
Use Pillboxes	Ask Your Pharmacist	Shortness of Breath	Carry A Medication List	Medication
Dizziness	What are the medications used for	Know names of medications	Be honest with your doctor	Schedule/Alarms
Eating before taking medications	Ask questions	FREE	Dosage	Allergies
Doctors Appointment	Name	Take medications at the correct time	Check Expiration Dates	Side Effects
Family support	Make A List	Store in Original Containers	Support groups	Do Not Share

B	I	N	G	O
Be honest with your doctor	Name	Ask Your Pharmacist	Make A List	Ask questions
Take medications at the correct time	Eating before taking medications	Family support	Support groups	Know names of medications
Store in Original Containers	Check Expiration Dates	FREE	Side Effects	Doctors Appointment
Use Pillboxes	Schedule/Alarms	Shortness of Breath	What are the medications used for	Dizziness
Dosage	Allergies	Medication	Carry A Medication List	Do Not Share