

B	I	N	G	O
Trust	Active Listening	Acceptance of each other	Equality	Responsible for own behavior
Negotiation	Commitment	Support	Reliable	Cooperation
Respect family and friends	Shared Decision making	FREE	Balanced effort and energy	Positive Self-esteem
Giving & Receiving	Good Communication	Safe	Individuality is accepted	Respect each other
Share Feelings	Freedom to make own decisions	Forgiveness	Patience	Fight Fair

B	I	N	G	O
Balanced effort and energy	Boundaries are respected	Positive Self-esteem	Negotiation	Individuality is accepted
Appreciation for each other	Shared Decision making	Responsible for own behavior	Giving & Receiving	Good Communication
Support	Active Listening	FREE	Trust	Patience
Honesty	Cooperation	Fight Fair	Respect each other	Understanding
Respect family and friends	Reliable	Share Feelings	Commitment	Acceptance of each other

B	I	N	G	O
Individuality is accepted	Commitment	Positive Self-esteem	Thoughtful	Balanced effort and energy
Willing to apologize when wrong	Understanding	Cooperation	Appreciation for each other	Responsible for own behavior
Reliable	Equality	FREE	Active Listening	Trust
Negotiation	Respect family and friends	Good Communication	Giving & Receiving	Forgiveness
Respect each other	Share Feelings	Honesty	Acceptance of each other	Boundaries are respected