

Trouble Sleeping	Addiction	Cravings	Rewards	Loneliness
Carbon Monoxide	Taste	Meditation	Anxiety	Tar
Asthma	Formaldehyde	FREE	Gum Disease	Taking Walks
Heart Rate	Nicotine	Esophageal Cancer	Lung Cancer	Depression
Blood Pressure	Boredom	Medications	Chewing Gum	Music

Trouble Thinking	Stress	Nicotine	Meditation	Taking Walks
Blood Pressure	Boredom	Music	Lung Cancer	Carbon Monoxide
Medications	Anxiety	FREE	Formaldehyde	Addiction
Loneliness	Trouble Sleeping	Withdrawal	Chewing Gum	Asthma
Rewards	Cigarette	Gum Disease	Cravings	Esophageal Cancer

Medications	Carbon Monoxide	Nicotine	Music	Cigarette
Anxiety	Withdrawal	Cravings	Trouble Thinking	Triggers
Chewing Gum	Taking Walks	FREE	Heart Rate	Rewards
Addiction	Boredom	Lung Cancer	Gum Disease	Fear
Trouble Sleeping	Asthma	Tar	Blood Pressure	Taste