

B	I	N	G	O
Take a Tower Class &/or Jump Board Class	Answer a Trainer Trivia Question from the Box	Demonstrate the Whole CORE Series in Order	Purchase a Package &/or a Pair of Socks	Participate in J&J's "3 Days of Food" or Plank for 1 Minute
Demonstrate Criss Cross for 1 Minute	Take Classes &/or Sessions on Saturday & Sunday	Pre-Order Studio Shape Up	Balance on your Toes with your Eyes Closed for 40 Seconds	Purchase a Gift for Someone (or Yourself) from our Studios
Take & Pass our Pilates Pop Quiz	Tell Us a True Fact About a Trainer - Be Nice!	FREE	Bring a Friend to Class	Hold Teaser for 1 Minute
Name 4 Exercises that Start with the Letter "S"	Send Us a Picture of Yourself Doing Pilates NOT in the Studios	Name the Pilates Exercise on the Flashcard	GO VOTE!	Perform 100 Joe Jacks
Donate 3 (or More!) Canned Goods to our Food Drive	Check-In on Facebook or Tag Us on Instagram	Purchase 1 Item from our Boutique with 25% Off	Write a Review on Facebook or Send Us One to info@bodybewellpilates.com	Demonstrate the Entire Long Stretch Series

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