B	I	N	G	O
Write	Brother says "No"	Feelings I feel when I hear "No"	Talk to adult	Mom says "No"
Feeling Happy	Withdraw	Saying feelings	Coloring	Sister says "No"
Why I can't handle "No"	Writing Stories	**FREE**	Coping Skills	Journaling
Feeling Angry	Kicking	Teacher tells you "No"	Making Slime	Walk Away
Hitting	Playing with clay	Flare your nostril	Dad says "No"	Set things on fire

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B	I	N	G	O
Writing Stories	Teacher tells you "No"	Sister says "No"	Set things on fire	Walk Away
Coping Skills	Feeling Angry	Mom says "No"	Feeling Happy	Playing with clay
Coloring	I Feel Messages	**FREE**	Brother says "No"	Making Slime
Write	Dad says "No"	Yelling	Talk to adult	Saying feelings
Feelings I feel when I hear "No"	Journaling	Kicking	Hitting	Withdraw

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B	I	N	G	O
Feeling Happy	Walk Away	Kicking	Talk to adult	Brother says "No"
Writing Stories	Sister says "No"	Feelings I feel when I hear "No"	Feeling Angry	Playing with clay
Journaling	I Feel Messages	**FREE**	Coping Skills	Coloring
Dad says "No"	Why I can't handle "No"	Mom says "No"	Flare your nostril	Set things on fire
Withdraw	Write	Making Slime	Hitting	Feeling Sad

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