

Triggers	Alternatives	Cravings	Smell	Mental illness
Chemicals	Support Group	Quit Date	Anxiety	Second-hand Smoke
Stress	W.O.W	FREE	Benefits	Heart Rate
Lung Cancer	Smoking area	Medications	Goal Date	Nicotine Replacement
Depression	Caffeine	Relapse	Withdrawal	Cigarette

W.O.W	Anxiety	Smell	Chemicals	Quit Date
Cravings	Withdrawal	Mental illness	Caffeine	Second-hand Smoke
Lung Cancer	Benefits	FREE	Heart Rate	Alternatives
Goal Date	Relapse	Triggers	Cigarette	Smoking area
Medications	Nicotine Replacement	Stress	Support Group	Depression

Caffeine	Relapse	Anxiety	Nicotine Replacement	Benefits
Triggers	Lung Cancer	Medications	Support Group	Mental illness
Stress	Cigarette	FREE	Smoking area	Goal Date
W.O.W	Second-hand Smoke	Smell	Withdrawal	Cravings
Heart Rate	Alternatives	Quit Date	Chemicals	Depression