

B	I	N	G	O
VSP	Axion	Delta Dental	Power Hour fitness class	Jewel-Osco (cooking demo)
Blue Cross Blue Shield	Stretch and release fitness class	Mindfulness Seminar	BMI	North Park University
Sauna	Wellness and you seminar	FREE	BioCharger	Fidelity 401k
J Renee College of Nursing	Registration Table	Jewel-Osco (Flu Shots)	Do you get at least 7-8 hours of sleep each night?	Massage Station
Do you drink enough water?	Blood pressure	Nail polish change	You are your best doctor seminar	ComPsych

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