

B	I	N	G	O
True	Achievable/attainable	False	Social and physical environment	Precede-Proceed
Evaluation	Transtheoretical Model	Problem-focused	Basic Needs Theory	Self-efficacy
Stress-buffering effect	True Attitudes	FREE	Ecological Model	Immediate Outcome
Most	Stages of Change	Perceived susceptibility	Health Belief Model	Preparation
Formative	Environment	SMART	behavioral intention	Extroversion/introversion

B	I	N	G	O
True Attitudes	Basic Needs Theory	Social and physical environment	Evaluation	Problem-focused
False	behavioral intention	Precede-Proceed	Environment	Self-efficacy
Most	Ecological Model	FREE	Immediate Outcome	Achievable/attainable
Health Belief Model	SMART	True	Extroversion/introversion	Stages of Change
Perceived susceptibility	Preparation	Stress-buffering effect	Transtheoretical Model	Formative

B	I	N	G	O
Environment	SMART	Basic Needs Theory	Preparation	Ecological Model
True	Most	Perceived susceptibility	Transtheoretical Model	Precede-Proceed
Stress-buffering effect	Extroversion/introversion	FREE	Stages of Change	Health Belief Model
True Attitudes	Self-efficacy	Social and physical environment	behavioral intention	False
Immediate Outcome	Achievable/attainable	Problem-focused	Evaluation	Formative