

Mental Health Bingo

Social skills	Alcohol	Grief	Prayer	Optimism
Faith	Self esteem	Peer pressure	Coping skills	Phobias
Schizophrenia	Stress	FREE	Depression	Medication Assisted Treatment
Mood disorder	Pre-contemplation	NA	Medication	PTSD
Impulsive	Emotion	Perfectionist	Stress Management	Gratitude

Mental Health Bingo

Stress	Coping skills	Prayer	Faith	Peer pressure
Grief	Stress Management	Optimism	Emotion	Phobias
Mood disorder	Depression	FREE	Medication Assisted Treatment	Alcohol
Medication	Perfectionist	Social skills	Gratitude	Pre-contemplation
NA	PTSD	Schizophrenia	Self esteem	Impulsive

Mental Health Bingo

Emotion	Perfectionist	Coping skills	PTSD	Depression
Social skills	Mood disorder	NA	Self esteem	Optimism
Schizophrenia	Gratitude	FREE	Pre-contemplation	Medication
Stress	Phobias	Prayer	Stress Management	Grief
Medication Assisted Treatment	Alcohol	Peer pressure	Faith	Impulsive