

Hyperextension	1	15	9	4
13	Extension	6	10	8
Elevation	RotationCircumduction Supination	FREE	11	18
2	Depression	3	17	5
16	12	7	flexion	14

RotationCircumduction Supination	10	9	13	6
15	flexion	4	12	8
2	11	FREE	18	1
17	7	Hyperextension	14	Depression
3	5	Elevation	Extension	16

12	7	10	5	11
Hyperextension	2	3	Extension	4
Elevation	14	FREE	Depression	17
RotationCircumduction Supination	8	9	flexion	15
18	1	6	13	16