

B	I	N	G	O
The Peak-End Rule	All or nothing thinking	Delusions	Personalizing	Magnifying
Cognitive conformity	The Halo Effect	Minimizing	Assumed similarity	Overgeneralizing
Survey Method	Underestimating coping ability	FREE	Blaming others	In-group bias
Justification and moral licensing	Shoulds and musts	Magnification	Entitlement beliefs	Mindreading
Disqualifying Positives	Catastrophizing	Negative predictions	Unrelenting standards	Cognitive labeling

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Entitlement beliefs	Negative predictions	The Peak-End Rule	Cognitive labeling	Shoulds and musts
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Survey Method	Cognitive labeling	FREE	Shoulds and musts	Entitlement beliefs
Underestimating coping ability	Overgeneralizing	Personalizing	Unrelenting standards	Delusions
In-group bias	All or nothing thinking	Minimizing	Cognitive conformity	Disqualifying Positives