

B	I	N	G	O
Wait About a week	Bowel Movements	Around 6 Moths old	Finger Foods	Outgrow the need
Milk Expression	Emergence of Teeth	Sore Nipples	Nourishment	Engorgement
One new food at a time	Sitting up unsupported	FREE	Comfort	No Tongue Thrust Reflex
Immunity	La Leche League	Pincher Grasp	Let Down	Nursing Strike
Shows great interest in food	Hungry	Human Milk	My concerns	Gradually

B	I	N	G	O
Comfort	Diapers	No Tongue Thrust Reflex	Milk Expression	Let Down
Cluster Feeding	Sitting up unsupported	Outgrow the need	Immunity	La Leche League
Sore Nipples	Bowel Movements	FREE	Wait About a week	My concerns
Lack of Sleep	Engorgement	Gradually	Nursing Strike	Water
One new food at a time	Nourishment	Shows great interest in food	Emergence of Teeth	Around 6 Moths old

B	I	N	G	O
Let Down	Emergence of Teeth	No Tongue Thrust Reflex	The introduction of food	Comfort
Weaning	Water	Engorgement	Cluster Feeding	Outgrow the need
Nourishment	Finger Foods	FREE	Bowel Movements	Wait About a week
Milk Expression	One new food at a time	La Leche League	Immunity	Human Milk
Nursing Strike	Shows great interest in food	Lack of Sleep	Around 6 Moths old	Diapers