

B	I	N	G	O
Total Control	2 Shakes	Food journaled	Prolessa	Lost 5 or more inches
Conditioner	Shake Teabomb @ Club	No starch today	Am Tea	Pie @ Club
Rebuild Shake	Vitamins Cell Activator	FREE	Beverage mix	Hand and body wash
Herbalifeline	Protein Coffee	Lost 5 lbs	Hand and body lotion	Met with Coach
Gallon Water	Cell-u-Loss	Nutrition Class	Workout done	Face and body sunscreen

B	I	N	G	O
Vitamins Cell Activator	Am Tea	Prolessa	Conditioner	No starch today
Food journalled	Workout done	Lost 5 or more inches	Cell-u-Loss	Pie @ Club
Herbalifeline	Beverage mix	FREE	Hand and body wash	2 Shakes
Hand and body lotion	Nutrition Class	Total Control	Face and body sunscreen	Protein Coffee
Lost 5 lbs	Met with Coach	Rebuild Shake	Shake Teabomb @ Club	Gallon Water

B	I	N	G	O
Cell-u-Loss	Nutrition Class	Am Tea	Met with Coach	Beverage mix
Total Control	Herbalifeline	Lost 5 lbs	Shake Teabomb @ Club	Lost 5 or more inches
Rebuild Shake	Face and body sunscreen	FREE	Protein Coffee	Hand and body lotion
Vitamins Cell Activator	Pie @ Club	Prolessa	Workout done	Food journalled
Hand and body wash	2 Shakes	No starch today	Conditioner	Gallon Water