

B	I	N	G	O
Total Control	10 oz veggies	Gallon Water	Prolessa	Mint Face Mask
Beverage mix	Skin Collagen	Nutrition Class	2 Shakes	Shake Teabomb @ Club
Vitamins Cell Activator	25 Fiber	FREE	Lost 5 or more inches	Met Protein Goal
Rebuild Shake	Met with Coach	Pie @ Club	Herbalifeline	No starch today
Am Tea	Protein Coffee	Cell-u-Loss	Workout done	Food journaled

B	I	N	G	O
Vitamins Cell Activator	Workout done	2 Shakes	Met with Coach	Beverage mix
Prolessa	Met Protein Goal	Gallon Water	No starch today	25 Fiber
Lost 5 or more inches	10 oz veggies	FREE	Herbalifeline	Pie @ Club
Food journalled	Total Control	Cell-u-Loss	Rebuild Shake	Am Tea
Mint Face Mask	Lost 5 lbs	Shake Teabomb @ Club	Nutrition Class	Skin Collagen

B	I	N	G	O
Rebuild Shake	Herbalifeline	Vitamins Cell Activator	Food journalled	Prolessa
Protein Coffee	Shake Teabomb @ Club	Workout done	Met with Coach	25 Fiber
Pie @ Club	2 Shakes	FREE	Lost 5 or more inches	Gallon Water
Lost 5 lbs	Mint Face Mask	Am Tea	10 oz veggies	Total Control
Skin Collagen	Nutrition Class	Met Protein Goal	No starch today	Cell-u-Loss