

B	I	N	G	O
restlessness	0.45% sodium chloride	Increase Fever	lab value 145>	convulsion/coma
Hypernatremia profuse Diaphoresis(sweating)	profuse watery diarrhea	dry sticky mucous membranes	Dextrose 5%	processed food increase Na
rough dry tongue	Free Space	FREE SPACE	Thirst	canned foods powder cocoa milk
normal ranges Na 135-145	confusion	excessive intake plain H2O	Increase Temp	decrease urine output
Hypernatremia	lab values <135	Hypokalemia	sodium tablets	Hyponatremia

B	I	N	G	O
rough dry tongue	sodium tablets	Dextrose 5%	confusion	Hypernatremia profuse Diaphoresis(sweating)
lab value 145>	canned foods powder cocoa milk	Increase Fever	decrease urine output	Free Space
Thirst	0.45% sodium chloride	FREE SPACE	Increase Temp	excessive intake plain H2O
Hyponatremia	restlessness	Hypokalemia	normal ranges Na 135-145	Hypernatremia
convulsion/coma	Na intake restricted	processed food increase Na	dry sticky mucous membranes	profuse watery diarrhea

B	I	N	G	O
normal ranges Na 135-145	Increase Temp	rough dry tongue	Hyponatremia	lab value 145>
lab values <135	processed food increase Na	sodium tablets	confusion	Free Space
excessive intake plain H2O	Dextrose 5%	FREE SPACE	Thirst	Increase Fever
Na intake restricted	convulsion/coma	Hypernatremia	0.45% sodium chloride	restlessness
profuse watery diarrhea	dry sticky mucous membranes	canned foods powder cocoa milk	decrease urine output	Hypokalemia