

Thoughtful	Acceptance	Effort	Respect	Good Communication
Co-operation	Support	Intimacy	Active Listening	Positive Self-esteem
Shared Decision making	Appreciation	FREE	Intima	Fight Fair
Forgiveness	Self-Love	Giving & Receiving	Patience	Share Feelings
Equality	Encouragement	Honesty	Balance	Boundaries

Intima	Good Communication	Appreciation	Shared Decision making	Balance
Respect	Fight Fair	Forgiveness	Support	Active Listening
Trust	Honesty	FREE	Co-operation	Effort
Patience	Positive Self-esteem	Intimacy	Self-Love	Boundaries
Acceptance	Thoughtful	Understanding	Connection	Encouragement

Intima	Co-operation	Patience	Connection	Active Listening
Acceptance	Understanding	Trust	Boundaries	Support
Commitment	Self-Love	FREE	Giving & Receiving	Positive Self-esteem
Honesty	Forgiveness	Fight Fair	Appreciation	Share Feelings
Balance	Shared Decision making	Good Communication	Effort	Intimacy