

Thoughtful	Acceptance	Effort	Positive Self-esteem	Good Communication
Boundaries	Support	Love	Active Listening	Shared Decision making
Trust	Appreciation	Fight Fair	Forgiveness	Share Feelings
Giving & Receiving	Patience	Encouragement	Honesty	Balance
Respect	Co-operation	Understanding	Commitment	Equality

Trust	Appreciation	Shared Decision making	Active Listening	Balance
Commitment	Share Feelings	Fight Fair	Good Communication	Patience
Boundaries	Effort	Love	Honesty	Thoughtful
Giving & Receiving	Co-operation	Support	Encouragement	Positive Self-esteem
Respect	Understanding	Equality	Acceptance	Forgiveness

Share Feelings	Honesty	Co-operation	Commitment	Encouragement
Balance	Equality	Boundaries	Fight Fair	Thoughtful
Giving & Receiving	Respect	Love	Appreciation	Support
Trust	Patience	Understanding	Active Listening	Acceptance
Forgiveness	Shared Decision making	Positive Self-esteem	Effort	Good Communication