

Relapse

k

11

11

h

12

11

k

Loss

11

eat

j

m

recovery

11

11

11

j

11

11

Celebrations

11

11

deep
breath

t

11

Relapse

m

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h

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Loss

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t

12

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eat

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recovery

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11

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deep
breath

k

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j

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Celebrations

j

k

11

Relapse

11	deep breath	11	Celebrations	11
k	11	11	k	12
j	11	recovery	j	11
m	eat	h	t	11
11	11	Loss	11	11